



Week 1 - Mon 24th July & Thurs 27th July
Week 2 - Tues 1st Aug & Thurs 3rd Aug
Week 3 - Tues 8th Aug & Thurs 10th Aug
Week 4 - Tues 15th Aug & Thurs 17th Aug
Week 5 - Tues 29th Aug & Thurs 31st Aug

FREE Lewisham Disability Athletics Camp

Ladywell Arena

Silvermere Road, Catford, SE6 4QX

Starting Monday 24th July 2017

10am - 1pm

Twice weekly sessions aimed at giving disabled residents the opportunity to try athletics

Working in partnership with **S-Factor academy** and **Access Sport** we'll be giving you the chance to come and try athletics. Groups welcome, all equipment provided & delivered by fully inclusive coaches.

For more information contact
matthew.houghton@fusion-lifestyle.com

In partnership with



TEAM

PERSONAL

BEST