

COLOUR KEY

CLUB FIXTURES: S-Factor Academy will enter athletes and arrange travel. **PLEASE NOTE THAT THERE WILL BE NO TRAINING SESSIONS ON THESE DAYS!**

SCHOOLS CHAMPIONSHIPS: School's responsibility to enter and affiliate to London Schools Athletic Association.

GENERAL CHAMPIONSHIPS: Athlete's own responsibility to enter and arrange travel. S-Factor may help with travel (and training will be cancelled) if there is staff capacity and sufficient athlete interest.

OPEN MEETS: Athlete's own responsibility to enter and arrange travel. S-Factor may help with travel (and training will be cancelled) if there is staff capacity and sufficient athlete interest.

Indoor Fixtures

| Event | Date | Age | Location | Entry Deadline | Further Entry Information |
|---|----------------|-------------|---|-------------------------|---|
| London Indoor Games | 26/27-Jan-2019 | senior&U20 | Lee Valley Athletics Stadium Edmonton, London N9 0AR | 20-Jan-19 | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/london-indoor-games/ |
| Newham & Essex 60m Open | 30-Jan-19 | All ages | Newham Leisure Centre, 281 Prince Regent Ln, Plaistow, London E13 8SD | 29-Jan-19 | https://entry4sports.com/ |
| Sutcliffe Indoor 60m Cambridge Harriers | 03-Feb-19 | All ages | Sutcliffe Park Sports Centre, Eltham Rd, London SE9 5LW | 31-ene-19 | https://entry4sports.com/ |
| Windsor, Slough, Eton & Hounslow AC Winter Series | 03-Feb-19 | All ages | Thames Valley Athletic Centre, Pococks Lane, Eton, Windsor. SL4 6HN | Entries on the day | http://www.wseh.info/drupal-6.28/2018/WSEHIndoor |
| Newham & Essex 60m Open | 13-Feb-19 | All ages | Newham Leisure Centre, 281 Prince Regent Ln, Plaistow, London E13 8SD | 12-Feb-19 | https://entry4sports.com/ |
| Metaswish Indoor Games | 16-Feb-19 | U17/U20 | Lee Valley Athletics Stadium Edmonton, London N9 0AR | 11-feb-19 | https://enfieldandharingeyac.co.uk/wp-content/uploads/2018/10/revised-2019-Metaswitch-Indoor-Games-timetable-1.pdf |
| Indoor Middle Distance Open | 20-Feb-19 | U13 upwards | Lee Valley Athletics Stadium Edmonton, London N9 0AR | 17-feb-19 | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/indoor-middle-distance-evening/ |
| March Open U13 & U15 Open | 24-Feb-19 | U13/U15 | Lee Valley Athletics Stadium Edmonton, London N9 0AR | 02-Mar-19 | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/march-open-u13-u15-/ |
| Newham & Essex 60m Open | 27-Feb-19 | All ages | Newham Leisure Centre, 281 Prince Regent Ln, Plaistow, London E13 8SD | 26-Feb-19 | https://entry4sports.com/ |
| Sutcliffe Indoor 60m Cambridge Harriers | 3-mar-19 | All ages | Sutcliffe Park Sports Centre, Eltham Rd, London SE9 5LW | 28-Feb-19 | https://entry4sports.com/ |
| Windsor, Slough, Eton & Hounslow AC Winter Series | 03-Mar-19 | All ages | Thames Valley Athletic Centre, Pococks Lane, Eton, Windsor. SL4 6HN | Entries on the day | http://www.wseh.info/drupal-6.28/2018/WSEHIndoor |
| Kent Indoor Athletics Championships | 16/17-mar-19 | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | 28-Feb-19 | http://www.kcaa.org.uk/track%20&%20field.htm |
| March Open U13 & U15 Pentathlon & Open | 24-Mar-19 | U13/U15 | Lee Valley Athletics Stadium Edmonton, London N9 0AR | 10/03/2019 & 17/03/2019 | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/march-open-u13-u15-/ |

| Under 13&15 Indoor Open | 24-Mar-19 | U13/U15 | Lee Valley Athletics Stadium Edmonton, London N9 0AR | 17-Mar-19 | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/u13-u15-open/ |
|--|-----------------------|----------------------------|--|--------------------------|---|
| Outdoor Fixtures | | | | | |
| Event | Date | Age | Location | Entry Deadline | Further Entry Information |
| London Schools | Wed 6th February | Years 7-13 | Wormwood Scrubs Park, Scrubs Lane, London W12 0DF | See Further Details Link | http://www.londonschoolsaa.net/ |
| London Schools | Tuesday 5th March | Years 7-13 | LSAA Year7 & Year8 Cross-Country Championship @ Avery Hill. | See Further Details Link | http://www.londonschoolsaa.net/ |
| The Big Half | Sunday 10th March | All ages | Tower Bridge-Greenwich | See Further Details Link | https://www.thebighalf.co.uk/ |
| The Big Mile | Sunday 10th March | All ages | Greenwich Park | See Further Details Link | https://app.realbuzzregistrations.com/events/mel/the-vitality-big-mile-2019/login/ |
| London Schools | Sat 16th March | Years 7-13 | English Schools Cross-Country Championships @ Leeds (tbc). All athletes must travel with the team. | See Further Details Link | http://www.londonschoolsaa.net/ |
| Virgin Mini London Marathon trial registration | Sat 23rd March | Under 11 Under 13 Under 17 | Ladywell Arena | See Further Details Link | https://www.lewisham.gov.uk/inmyarea/sport/get-active/Pages/Virgin-Mini-London-Marathon-trial-registration.aspx |
| Lee Valley Outdoor Open Meeting | Sat 6th April | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | Sun 31st March | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/#apriloutdoormeeting |
| Outdoor Sprints Meetings | Wed 24th April | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |
| London Schools | Thursday 23rd May | Years 7-13 | LSAA Combined Events Championship @ Lee Valley Athletics Centre. | See Further Details Link | http://www.londonschoolsaa.net/ |
| Surrey County AA Track & Field Championships | Sat 11st/Sun 12nd May | All ages | David Weir Leisure Centre, Middleton Road, Carshalton SM5 1SL | See Further Details Link | https://entries.opentrack.run/2019/surreytf/ |
| Kent County Track and Field Championships | Sat 11st/Sun 12nd May | All ages | Julie Rose Stadium, Kennington Road, Ashford, Kent | Sun 19th april | http://kcaa.org.uk/onlineregs/newmeeting6.php?MeetID=2 |
| Dwain Chambers' Mini Racers 2019 | Sun 19th May | Years 2-6 | Lee Valley Athletics Stadium Edmonton, London N9 0AR | Mon 13th May | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/childrens-athletics-activities/partnered-event/ |
| Outdoor Sprints Meetings | Wed 22nd May | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |
| 1 st Kent Young Athlete League | Sun 2nd June | | Tonbridge School Centre TN10 3AD | See Further Details Link | http://www.tonbridgeac.co.uk/aboutus/track.shtm |
| Outdoor Sprints Meetings | Wed 5th June | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |
| London Schools | Sat 8th June | Years 7-13 | LSAA Main Track & Field Championship Battersea Park | See Further Details Link | http://www.londonschoolsaa.net/ |
| London Schools | Tuesday 11st June | Year7 & Year8 | LSAA Year7 & Year8 Track & Field Championship Mile End | See Further Details Link | http://www.londonschoolsaa.net/ |
| London Schools | Tue 12th June | Years 7-13 | LSAA Year7 & Year8 Track & Field Championship @ Mile End. | See Further Details Link | http://www.londonschoolsaa.net/ |
| Outdoor Sprints Meetings | Wed 19th June | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |

| Four Fest | Wed 26th June | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |
|---|-------------------------------|---------------------|---|----------------------------------|---|
| Outdoor Sprints Meetings | Wed 3rd July | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |
| Dwain Chambers' Mini Racers 2019 | Sat 6th July | Years 2-6 | Lee Valley Athletics Stadium Edmonton, London N9 0AR | Mon 1st July | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/childrens-athletics-activities/partnered-event/ |
| 2nd Kent Young Athlete League | Sun 7th July | | Julie Rose Stadium, Kennington Road, Ashford, Kent | See Further Details Link | https://www.ashfordleisuretrust.co.uk/centres/e/the-julie-rose-stadium |
| London Schools | Fri/Sat 13th/14th July | Years 7-13 | English Schools T&F Championships @ Birmingham. Team returns to London late in the evening. | See Further Details Link | http://www.londonschoolsaa.net/ |
| Outdoor Sprints Meetings | Wed 17th July | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |
| MÜLLER ANNIVERSARY GAMES | Sat 20th/Sun 21st July | All ages | London Stadium. Queen Elizabeth Olympic Park. | See Further Details Link | https://www.britishathletics.org.uk/events-and-tickets/muller-anniversary-games-2019/ |
| Outdoor Sprints Meetings | Wed 31 July | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |
| 3rd Kent Young Athlete League | Sun 4th August | | Medway Park Track | See Further Details Link | http://www.medwaypark.org.uk/activities_facilities/track_field/ |
| Outdoor Sprints Meetings | Wed 14th August | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |
| Kent U13 Pentathlon (and open U13 pentathlon) | Sat 26th August | | Tonbridge School Centre TN10 3AD | See Further Details Link | http://www.tonbridgeac.co.uk/aboutus/track.shtm |
| Outdoor Sprints Meetings | Wed 28th August | All ages | Lee Valley Athletics Stadium Edmonton, London N9 0AR | See Further Details Link | https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletic-s-centre/competition-entry-forms/sprints-meetings/ |
| Surrey County AA Track Relay Championships | Sat 7th-Sun 8th Sep | All ages | David Weir Leisure Centre, Middleton Road, Carshalton SM5 1SL | See Further Details Link | https://entries.opentrack.run/2019/surreytrackrelays/ |
| London Schools | Mon 11st November | Years 7-13 | LSAA AGM @ Dulwich College | See Further Details Link | http://www.londonschoolsaa.net/ |
| Cross Country | | | | | |
| Event | Date | Age | Location | Entry Deadline | Further Entry Information |
| Kent Cross Country League / KXCL | Saturday 12nd October | All Ages from U13 + | Beech Grove | See Further Details Link | http://www.kcaa.org.uk/cross%20country.htm |
| Kent Cross Country League / KXCL | Saturday 26th October | All Ages from U13 + | Somerhill | See Further Details Link | http://www.kcaa.org.uk/cross%20country.htm |
| Kent Cross Country League / KXCL | Saturday 9th November | All Ages from U13 + | Danson Park | See Further Details Link | http://www.kcaa.org.uk/cross%20country.htm |
| Kent Cross Country League / KXCL | Saturday 23rd November | All Ages from U13 + | Footscray Meadows | See Further Details Link | http://www.kcaa.org.uk/cross%20country.htm |
| Kent Cross Country League / KXCL | Saturday 8th February | Vets | Sparrows Den? | See Further Details Link | http://www.kcaa.org.uk/cross%20country.htm |
| Park Run | | | | | |
| Event | Date | Age | Location | Entry Deadline | Further Entry Information |
| Middle/Distance Runners (5kms) | Every Saturday morning at 9am | 15yrs+ | Hilly Fields, Mounstfield Park, Brockwell Park, Bromley, Burgess Park, Dulwich Park, Peckham Rye Park, Crystal Palace Park...and other locations further afield | First time to obtain the barcode | Further information here: http://www.parkrun.org.uk/ - registration must be completed at parkrun.org.uk beforehand in order for the organisers to record and publish your time. ALSO MUST PRINT OFF AND BRING THE BAR CODE provided to you with in order to be identified and given your result. Registration Form here: http://www.parkrun.org.uk/register/form/ |

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| Middle/Distance Runners (2kms) | Every Sunday morning at 9:00 am | 4 - 14yrs | Various (including Eltham Park (south), Hilly Fields, Brockwell Park, Bromley, for a full list of locations see here: http://www.parkrun.org.uk/events/juniorevents/) | First time to obtain the barcode | Further information here: http://www.parkrun.org.uk/ - registration must be completed at parkrun.org.uk beforehand in order for the organisers to record and publish your time. ALSO MUST PRINT OFF AND BRING THE BAR CODE provided to you with in order to be identified and given your result. Registration Form here: http://www.parkrun.org.uk/register/form/ |
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